

# Avoid the Three C's

Be aware of different levels of risk in different settings.



World Health  
Organization

Representative Office  
for the Philippines

There are certain places where COVID-19 spreads more easily:



## Crowded places

*with many people nearby*



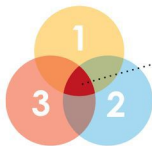
## Close-contact settings

*Especially where people have close-range conversations*



## Confined and enclosed spaces

*with poor ventilation*



The risk is higher in places where these factors overlap.

**Even as restrictions are lifted, consider where you are going and #StaySafe by avoiding the Three C's.**

## WHAT SHOULD YOU DO?



Avoid crowded places and limit time in enclosed spaces



Maintain at least 1m distance from others



When possible, open windows and doors for ventilation



Keep hands clean and cover coughs and sneezes



Always wear a mask when you go outside your home

**If you are unwell, stay home unless to seek urgent medical care.**